

Sponsor

Novartis

Generic Drug Name

Vildagliptin

Therapeutic Area of Trial

Type 2 Diabetes

Approved Indication

Type 2 Diabetes

Study Number

CLAF237A23104

Title

A multicenter, double-blind, randomized parallel-group study to demonstrate the effect of 24 weeks treatment with vildagliptin 100 mg qd as add-on to metformin 500 mg bid compared to metformin up to 1000 mg bid in patients with type 2 diabetes inadequately controlled on metformin 500 mg bid monotherapy

Phase of Development

Phase III

Study Start/End Dates

18-Oct-2006 - 04-Jun-2008

Study Design/Methodology

This was a multicenter, randomized, double-blind study, Patients with T2DM and prior monotherapy treatment with metformin 850-1000 mg daily dose for at least 2 months prior to screening who were inadequately controlled (HbA1c 6.5-9.0% inclusive) was given open label metformin 500 mg bid at visit 1 for a period of 4 weeks. If qualified for randomization, patients were randomized into two treatment arms. In one arm, double-blind metformin 500 mg bid was added (total daily dose (2000 mg) and in the second arm double-blind vildagliptin 100 mg qd was added (total daily dose metformin 1000 mg and vildagliptin 100 mg) for a period of 24 weeks.

Each patient attended a screening visit (Week -4) where the inclusion/exclusion criteria were assessed. Eligible patients were then randomized at baseline (Day 1) and completed eight further visits over a period of 24 weeks.



Centers

A total of 145 centers in 14 countries screened at least 1 patient (number of centers in brackets) Argentina (8), Brazil (5), Czech Republic (5), Ecuador (4), Germany (18), Hungary (3), Italy (16), Korea (5), Peru (6), Slovokia (5), Thailand (3), United Kingdom (26), United States (38) and Venezuela (5).

Publication

Manuscript for this study is under development

Objectives

Primary objective(s)

The primary objective was to demonstrate the efficacy of vildagliptin 100 mg qd used in combination with metformin 500 mg bid in patients with type 2 diabetes inadequately controlled on metformin 500 mg bid monotherapy by testing the hypothesis that the hemoglobin $A_{\rm lc}$ (HbA_{lc}) reduction with the combination is not inferior to that with upward titration of metformin up to 1000 mg bid monotherapy after 24 weeks of treatment.

Secondary objectives

- 1. To evaluate the safety of vildagliptin 100 mg qd used in combination with metformin 500 mg bid by showing that patients treated with the combination of vildagliptin 100 mg qd and metformin 500 mg bid have a similar adverse event profile compared to those treated with metformin up to 1000 mg bid after 24 weeks of treatment.
- 2. To evaluate GI tolerability of vildagliptin 100 mg qd used in combination with metformin 500 mg bid by showing that patients treated with the combination of vildagliptin 100 mg qd and metformin 500 mg bid have a superior GI tolerability compared to those treated with metformin up to 1000 mg bid over 24 weeks of treatment.
- 3. To explore the fasting plasma glucose (FPG) change with vildagliptin 100 mg qd add-on to metformin 500 mg bid versus metformin up to 1000 mg bid after 24 weeks of treatment.
- 4. To evaluate the responder rates with vildagliptin 100 mg qd add-on to metformin 500 mg bid verses metformin up to 1000 mg bid after 24 weeks of treatment.

Test Product, Dose(s), and Mode(s) of Administration

Vildagliptin 50 mg tablet, taken orally, twice daily



Reference Product(s), Dose(s), and Mode(s) of Administration

Metformin 500mg tablets, taken orally

Criteria for Evaluation

Primary variables

The primary efficacy variable in this study was the change from baseline in HbA_{1c} at the end of the study. HbA_{1c} is the standard measure for glycemic control in diabetic patients.

Secondary variables

- The change from baseline in FPG at the end of the study
- The change from baseline in body weight at the end of the study
- Safety and tolerability assessments consisted of monitoring and recording all AEs, including GI AEs, serious adverse events (SAEs) with their severity and relationship to study drug; regular monitoring of hematology, blood chemistry, and urine (performed at a central laboratory); and regular assessments of vital signs, ECG and physical condition.

Pharmacology

Not Applicable

Other

Not Applicable

Statistical Methods

The primary efficacy variable was change from baseline in HbA1c at Week 24 or at the final visit. The primary hypothesis tested was the non-inferiority of vildagliptin 100 mg qd used in combination with metformin 500mg bid versus metformin up to 1000mg bid, for the effect of reducing HbA1c, based on a 0.4% non-inferiority margin. Change from baseline in primary and secondary endpoints was analyzed using analysis of covariance (ANCOVA) with treatment and pooled center as classification variables and baseline value as a covariate. The null hypothesis was to be rejected and non-inferiority established if the upper limit of the 95% CI for the treatment difference did not exceed 0.4%. Once non-inferiority was demonstrated, superiority was to be tested using the same confidence interval from which non-inferiority was concluded. The primary population was the ITT population, robustness of the results was assessed in the Per Protocol population. The percentage of patients meeting each of the pre-defined responder criteria (categorical changes in HbA1c) was summarized in both the ITT and Per Protocol population.

For the critical secondary endpoint mean change from baseline in FPG, superiority of vildagliptin 100mg qd used in combination with metformin 500mg bid versus metformin up to 1000mg bid was tested for the ITT population using the same ANCOVA model as specified for the primary efficacy variable.

Demographic and background data as well as safety data were summarized by treatment group. The incidence of patients with at least one GI event was compared between treatment groups using a chi squared test.



Study Population: Inclusion/Exclusion Criteria and Demographics

Inclusion criteria: Male or female (non-fertile or using a medically approved birth control method); age 18-78 years; patients with type 2 diabetes who have taken 850-1000 mg daily dose of metformin monotherapy for at least 2 months prior to screening, body mass index of 22-45 kg/m2; HbA1c in the range of 6.5% to 9% inclusive; FPG < 270 mg/dL (15 mmol/L) at screening.

Exclusion criteria: Main exclusion criteria were: a history of type 1 diabetes; diabetes as a result of pancreatic injury or secondary forms of diabetes; acute metabolic diabetic complications such as ketoacidosis or hyperosmolar state (coma) within the past 6 months; evidence of significant diabetic complications, e.g. symptomatic autonomic neuropathy, gastroparesis, as well as symptoms of worsening hyperglycemia (i.e. polyuria, polydipsia, weight loss). Acute infections. Any of the following within the past 6 months: myocardial infarction, coronary artery bypass surgery or percutaneous coronary intervention; unstable angina or stroke. Congestive heart failure (CHF) requiring pharmacological treatment. Any of the following ECG abnormalities: Torsades de pointes, sustained and clinically relevant ventricular tachycardia or ventricular fibrillation; second degree AV block (Mobitz 1 and 2); third degree AV block; prolonged QTc (> 500 msec). Malignancy including leukemia and lymphoma (not including basal cell skin cancer) within the last 5 years. Liver disease such as cirrhosis or chronic active hepatitis. Chronic insulin treatment (> 4 weeks of treatment in the absence of intercurrent illness) within the past 6 months. ALT, AST > 2 times the upper limit of the normal range (ULN); total bilirubin > 2 times the ULN and/or direct bilirubin > ULN; a positive Hepatitis B test (surface antigen HBsAg); positive Hepatitis C test (HCV antibodies). Clinically significant renal dysfunction as indicated by serum creatinine levels $\geq 1.5 \text{ mg/dL}$ (132 μ mol/L) males, $\geq 1.4 \text{ mg/dL}$ (123 μ mol/L) females, or a history of abnormal creatinine clearance. Clinically significant TSH values outside of normal range. Fasting triglycerides > 700 mg/dL (7.9 mmol/L).



| Disposition Reason | Vilda 100 mg qd + Met 500 mg bid N=456 n (%) | Met up to 1000 mg bid N=458 n (%) | Total N=914 n (%) |
|---|---|--|-------------------------|
| Completed | 406 (89.0) | 392 (85.6) | 798 (87.3) |
| Discontinued | 50 (11.0) | 66 (14.4) | 116 (12.7) |
| Abnormal laboratory value(s) | 3 (0.7) | 3 (0.7) | 6 (0.7) |
| Administrative problems | 4 (0.9) | 1 (0.2) | 5 (0.5) |
| Adverse event(s) | 10 (2.2) | 12 (2.6) | 22 (2.4) |
| Lost to follow-up | 4 (0.9) | 10 (2.2) | 14 (1.5) |
| Patient's condition no longer requires study drug | 1 (0.2) | 2 (0.4) | 3 (0.3) |
| Patient withdrew consent | 17 (3.7) | 25 (5.5) | 42 (4.6) |
| Protocol violation | 4 (0.9) | 6 (1.3) | 10 (1.1) |
| Unsatisfactory therapeutic effect | 7 (1.5) | 7 (1.5) | 14 (1.5) |

Demographic and Background Characteristics

| Damagnahia | Vilda 100 mg qd + | Met up to 1000 mg bid | Tatal |
|---------------------------------|-------------------------|-----------------------|------------------|
| Demographic variable | Met 500 mg bid N=456 | N=458 | Total N=914 |
| Age (years) | 11-700 | 14-300 | 11-01-7 |
| Mean ± SD | 56.9 ± 9.76 | 57.0 ± 10.02 | 57.0 ± 9.89 |
| Median | 58.0 | 57.0 | 57.5 |
| Min, Max | 29.0, 78.0 | 24.0, 78.0 | 24.0, 78.0 |
| Age group (years) | | | |
| < 65 | 350 (76.8%) | 344 (75.1%) | 694 (75.9%) |
| ≥ 65 | 106 (23.2%) | 114 (24.9%) | 220 (24.1%) |
| Sex | | | |
| Male | 230 (50.4%) | 206 (45.0%) | 436 (47.7%) |
| Female | 226 (49.6%) | 252 (55.0%) | 478 (52.3%) |
| Race | | | |
| Caucasian | 242 (53.1%) | 237 (51.7%) | 479 (52.4%) |
| Asian (non Indian subcontinent) | 44 (9.6%) | 44 (9.6%) | 88 (9.6%) |
| Hispanic or latino | 147 (32.2%) | 145 (31.7%) | 292 (31.9%) |
| Black | 9 (2.0%) | 12 (2.6%) | 21 (2.3%) |
| Asian (indian subcontinent) | 3 (0.7%) | 5 (1.1%) | 8 (0.9%) |
| Native american | 1 (0.2%) | 2 (0.4%) | 3 (0.3%) |
| Other | 10 (2.2%) | 13 (2.8%) | 23 (2.5%) |
| Height (cm) | | | |
| Mean ± SD | 164.7 ± 10.75 | 164.0 ± 10.34 | 164.4 ± 10.54 |
| Median | 165.0 | 164.0 | 164.0 |
| Min, Max | 139.0, 193.0 | 141.0, 193.0 | 139.0, 193.0 |
| Body weight (kg) | | | |
| Mean ± SD | 84.6 ± 17.01 | 84.4 ± 18.94 | 84.5 ± 17.99 |
| Median | 83.6 | 81.4 | 82.8 |
| Min, Max | 44.0, 134.5 | 47.1, 150.0 | 44.0, 150.0 |
| BMI (kg/m**2) | | | |



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|---|----------------|----------------|----------------|
| Mean ± SD | 31.1 ± 5.11 | 31.2 ± 5.47 | 31.1 ± 5.29 |
| Median | 30.5 | 30.4 | 30.5 |
| Min, Max | 22.0, 45.3 | 22.0, 45.0 | 22.0, 45.3 |
| BMI group (kg/m**2) | | | |
| < 30 (kg/m ²) | 209 (45.8%) | 217 (47.4%) | 426 (46.6%) |
| $\geq 30(kg/m^2)$ | 247 (54.2%) | 241 (52.6%) | 488 (53.4%) |
| \geq 35 (kg/m ²) | 100 (21.9%) | 109 (23.8%) | 209 (22.9%) |
| HbA _{1c} (%) | n = 456 | n = 457 | n = 913 |
| Mean ± SD | 7.4 ± 0.78 | 7.3 ± 0.79 | 7.3 ± 0.79 |
| Median | 7.2 | 7.2 | 7.2 |
| Min, Max | 5.7, 9.9 | 5.6, 10.3 | 5.6, 10.3 |
| HbA _{1c} (%) | | | |
| <=7 | 189 (41.4%) | 190 (41.5%) | 379 (41.5%) |
| >7 | 267 (58.6%) | 267 (58.3%) | 534 (58.4%) |
| <=8 | 375 (82.2%) | 376 (82.1%) | 751 (82.2%) |
| >8 | 81 (17.8%) | 81 (17.7%) | 162 (17.7%) |
| FPG (mmol/L) | n = 456 | n = 458 | n = 914 |
| Mean ± SD | 8.7 ± 2.28 | 8.5 ± 2.25 | 8.6 ± 2.27 |
| Median | 8.2 | 7.9 | 8.0 |
| Min, Max | 4.6, 25.3 | 3.0, 18.6 | 3.0, 25.3 |
| Duration of Type 2 Diabetes (years) | n = 456 | n = 458 | n = 914 |
| Mean ± SD | 4.6 ± 4.91 | 4.7 ± 4.94 | 4.7 ± 4.92 |
| Median | 3.1 | 3.0 | 3.0 |
| Min, Max | 0.2, 30.9 | 0.2, 29.7 | 0.2, 30.9 |
| GFR (MDRD) (mL/min) per 1.73 m ² | | | |
| Normal (>80) | 310 (68.0%) | 323 (70.5%) | 633 (69.3%) |
| Mild (>=50 - <=80) | 143 (31.4%) | 132 (28.8%) | 275 (30.1%) |
| Moderate (>=30 - <50) | 3 (0.7%) | 2 (0.4%) | 5 (0.5%) |
| Severe (<30) | 0 (0.0%) | 1 (0.2%) | 1 (0.1%) |
| GFR (CG) (mL/min) per 1.73 m ² | | | |
| Normal (>80) | 378 (82.9%) | 372 (81.2%) | 750 (82.1%) |
| Mild (>=50 - <=80) | 73 (16.0%) | 79 (17.2%) | 152 (16.6%) |
| Moderate (>=30 - <50) | 5 (1.1%) | 6 (1.3%) | 11 (1.2%) |
| Severe (<30) | 0 (0.0%) | 1 (0.2%) | 1 (0.1%) |

Duration of type 2 diabetes is collected on the day of the screening measurement (Week -4, Visit 1). For baseline HbA1c measurements, only patients with at least one pre-randomization measurement are included. Baseline HbA1c and baseline FPG are the sample obtained on Day 1, or the sample obtained at an earlier visit (scheduled or unscheduled) which was closest to Day 1, if the Day 1 measurement is missing. GFR (MDRD)= GFR estimated using the MDRD formula. GFR (CG)= GFR estimated using the CG formula. GFR is calculated using the serum creatinine and body weight value at the Day 1 measurement, or the sample obtained at an earlier visit (scheduled or unscheduled) which was closest to Day 1, if the Day 1 measurement is missing.



Primary Efficacy Result(s)

ANCOVA results for change in HbA_{1c} (%) from baseline to endpoint (ITT population, Per Protocol population)

| Treatment | n | Baseline mean (SE) | Adjusted mean change (SE) | Mean difference to Met up to 1000 mg bid (SE) | 95% CI | p-value |
|-------------------------------------|-----|-----------------------|---------------------------------|--|----------------|----------|
| Intent to treat populati | ion | - | | | | |
| Vilda 100 mg qd + Met 500 mg bid | 446 | 7.37 (0.04) | -0.51 (0.03) | -0.14 (0.05) | (-0.24,-0.05)* | 0.002 ** |
| Met up to 1000 mg bid | 449 | 7.32 (0.04) | -0.37 (0.03) | | | |
| Per protocol population | n | | | | | |
| Vilda 100 mg qd + Met 500 mg bid | 410 | 7.36 (0.04) | -0.54 (0.04) | -0.15 (0.05) | (-0.25,-0.05)* | 0.003 ** |
| Met up to 1000 mg bid | 391 | 7.33 (0.04) | -0.39 (0.04) | | | |

Baseline is measurement obtained on Day 1, or on sample obtained on an earlier visit (scheduled or unscheduled) which was closest to Day 1, if Day 1 measurement is missing. Endpoint is the final available post-randomization assessment up to the last regular scheduled visit. In the case of a missing scheduled visit sample, the closest unscheduled visit within 7 days of scheduled visit is used.

n is the number of patients with observations at both baseline and endpoint. Adjusted means and the associated standard errors (SE), confidence intervals (CI), and p values (if applicable) were from an ANCOVA model containing terms for treatment, baseline and pooled centers.

Number of responders at endpoint (ITT population)

| | Vilda 100 mg qd + Met 500 mg bid | Met up to 1000 mg bid | |
|---|-------------------------------------|--------------------------|----------|
| | n (%) | n (%) | p-value* |
| ITT population | N=446 | N=450 | _ |
| N' ¹ | 446 (100.0) | 449 (100.0) | |
| Responder Criterion | | | |
| At least one criterion met | 297 (66.6) | 232 (51.7) | < 0.001 |
| HbA _{1c} < 7% ² | 140/283 (49.5) | 124/285 (43.5) | 0.154 |
| HbA_{1c} < 7% in patients with baseline HbA_{1c} <= 8% 3 | 108/180 (60.0) | 94/186 (50.5) | 0.069 |
| $HbA_{1c} \le 6.5\%$ ² | 159/393 (40.5) | 115/385 (29.9) | 0.002 |
| Reduction of HbA _{1c} ≥ 1% ¹ | 107 (24.0) | 83 (18.5) | 0.044 |
| Reduction of $HbA_{1c} \ge 1\%$ in patients with baseline $HbA_{1c} > 9\%$ \$ | 5/16 (31.3) | 8/18 (44.4) | 0.429 |
| Reduction of HbA _{1c} ≥ 0.7% ¹ | 175 (39.2) | 130 (29.0) | 0.001 |
| Reduction of HbA _{1c} \geq 0.5% ¹ | 240 (53.8) | 185 (41.2) | < 0.001 |
| Per protocol population | N=410 | N=392 | |
| N' ¹ | 410 (100.0) | 391 (100.0) | |
| Responder Criterion | | | |
| At least one criterion met | 283 (69.0) | 211 (54.0) | < 0.001 |
| HbA _{1c} < 7% ² | 137/261 (52.5) | 113/249 (45.4) | 0.108 |
| HbA_{1c} < 7% in patients with baseline HbA_{1c} <= 8% 3 | 106/168 (63.1) | 86/163 (52.8) | 0.057 |

^{*} Indicates non-inferiority to comparator at the one-sided 2.5% alpha level.

Non-inferiority margin is 0.4%. ** Indicates statistical significance for superiority at the 5% alpha level. Primary analysis based on ITT population.



| $HbA_{1c} \le 6.5\%$ ² | 154/365 (42.2) | 108/339 (31.9) | 0.005 |
|--|----------------|----------------|-------|
| Reduction of HbA _{1c} ≥ 1% ¹ | 102 (24.9) | 80 (20.5) | 0.136 |
| Reduction of HbA _{1c} \geq 1% in patients with baseline HbA1c > 9% \$ | 4/14 (28.6) | 8/15 (53.3) | 0.176 |
| Reduction of HbA _{1c} ≥ 0.7% ¹ | 167 (40.7) | 123 (31.5) | 0.006 |
| Reduction of HbA _{1c} ≥ 0.5% ¹ | 228 (55.6) | 172 (44.0) | 0.001 |

Baseline is measurement obtained on Day 1, or on sample obtained on an earlier visit (scheduled or unscheduled) which was closest to Day 1, if Day 1 measurement is missing. Endpoint is the final available post-randomization assessment up to the last regular scheduled visit. In the case of a missing scheduled visit sample, the closest unscheduled visit within 7 days of scheduled visit is used.

Mean changes from baseline in HbA1c (%) at endpoint: subgroup analyses (ITT population) Vilda 100 mg qd

| | | | + Met 50 N = | 0 mg bid 446 | N | | 1000 mg bid : 450 |
|-------------------------------|----------------------------------|-----|-----------------|-----------------|-----|------------|----------------------|
| Subgroup | Category | n | BL mean | Change (SE) | n | BL mean | |
| HbA _{1c} at baseline | <= 8 | 366 | 7.08 | -0.46 (0.03) | 372 | 7.05 | -0.31 (0.03) |
| (%) | > 8 | 80 | 8.68 | -0.65 (0.13) | 77 | 8.62 | -0.51 (0.12) |
| | <= 7 | 186 | 6.67 | -0.34 (0.04) | 186 | 6.63 | -0.19 (0.03) |
| | > 7 | 260 | 7.87 | -0.61 (0.05) | 263 | 7.81 | -0.46 (0.05) |
| BMI at baseline | < 30 kg/m ² | 206 | 7.37 | -0.51 (0.05) | 213 | 7.34 | -0.41 (0.05) |
| (kg/m ²) | $>= 30 kg/m^2$ | 240 | 7.37 | -0.49 (0.05) | 236 | 7.30 | -0.29 (0.05) |
| | $>= 35 kg/m^2$ | 97 | 7.44 | -0.45 (0.07) | 109 | 7.26 | -0.29 (0.07) |
| Age(years) | < 65 years | 343 | 7.42 | -0.50 (0.04) | 337 | 7.32 | -0.35 (0.04) |
| | >= 65 years | 103 | 7.19 | -0.50 (0.06) | 112 | 7.33 | -0.33 (0.06) |
| Gender | Male | 224 | 7.32 | -0.43 (0.05) | 200 | 7.32 | -0.33 (0.05) |
| | Female | 222 | 7.42 | -0.57 (0.05) | 249 | 7.32 | -0.36 (0.04) |
| Race | Caucasian | 240 | 7.28 | -0.42 (0.04) | 234 | 7.25 | -0.28 (0.04) |
| | Black | 6 | 7.13 | 0.32 (0.26) | 11 | 7.36 | -0.11 (0.18) |
| | Asian (non Indian subcontinent) | 42 | 7.43 | -0.72 (0.07) | 44 | 7.43 | -0.49 (0.11) |
| | Asian (Indian sub- continent) | 2 | 7.40 | -0.70 (0.30) | 5 | 7.08 | 0.14 (0.33) |
| | Hispanic or Latino | 145 | 7.52 | -0.60 (0.07) | 140 | 7.43 | -0.45 (0.07) |
| | Native American | 1 | 6.30 | -0.80 | 2 | 7.90 | -0.80 (0.40) |
| | Other | 10 | 7.34 | -0.36 (0.12) | 13 | 7.02 | -0.22 (0.26) |

Baseline is measurement obtained on Day 1, or on sample obtained on an earlier visit (scheduled or unscheduled) which was closest to Day 1, if Day 1 measurement is missing. Endpoint is the final available post-randomization assessment up to the last regular scheduled visit. In the case of a missing scheduled visit sample, the closest unscheduled visit within 7 days of scheduled visit is used.

n is the number of patients with observations at both baseline and endpoint.

^{*} Chi-square test for Vilda 100 mg qd + Met 500 mg bid vs. Met up to 1000 mg bid.

¹ Number of patients with both baseline and endpoint HbA1c measurements, which is used as denominator unless specified otherwise.

² Denominator includes only patients with baseline HbA1c >= 7% (> 6.5%) and endpoint HbA1c measurement.

³ Denominator includes only patients with 7% < baseline HbA1c <= 8% and endpoint HbA1c measurement. \$ Denominator includes only patients with baseline HbA1c >9% and endpoint HbA1c measurement.



Secondary Efficacy Result(s)

ANCOVA results for change in FPG (mmol/L) from baseline to endpoint (ITT population)

| Treatment | n | Baseline mean (SE) | Adjusted mean change (SE) | Mean difference to Met up to 1000 mg bid (SE) | 95% CI | p-value |
|--------------------------|-----|-----------------------|---------------------------------|--|---------------|---------|
| Intent to treat populati | on | | | | | |
| Vilda 100 mg qd + Met | 446 | 8.66 (0.11) | -0.77 (0.07) | -0.18 (0.10) | (-0.38, 0.02) | 0.070 |
| 500 mg bid | | | | | | |
| Met up to 1000 mg bid | 450 | 8.42 (0.10) | -0.59 (0.07) | | | |
| Per protocol populatio | n | | | | | |
| Vilda 100 mg qd + Met | 410 | 8.71 (0.11) | -0.83 (0.08) | -0.20 (0.10) | (-0.41, 0.00) | 0.050 |
| 500 mg bid | | | | | | |
| Met up to 1000 mg bid | 392 | 8.44 (0.11) | -0.63 (0.08) | | | |

Baseline is measurement obtained on Day 1, or on sample obtained on an earlier visit (scheduled or unscheduled) which was closest to Day 1, if Day 1 measurement is missing. Endpoint is the final available post-randomization assessment up to the last regular scheduled visit. In the case of a missing scheduled visit sample, the closest unscheduled visit within 7 days of scheduled visit is used.

n is the number of patients with observations at both baseline and endpoint. Adjusted means and the associated standard errors (SE), confidence intervals (CI), and p values (if applicable) were from an ANCOVA model containing terms for treatment, baseline and pooled centers.

ANCOVA results for change in body weight (kg) from baseline to endpoint (ITT population)

| Treatment | n | Baseline mean (SE) | Adjusted mean change (SE) | Mean difference to Met up to 1000 mg bid (SE) | 95% CI | p-value |
|-------------------------------------|-----|-----------------------|---------------------------------|--|--------------|---------|
| Vilda 100 mg qd + Met 500 mg bid | 446 | 84.29 (0.81) | -0.62 (0.14) | 0.74 (0.19) | (0.36, 1.11) | <0.001* |
| Met up to 1000 mg bid | 449 | 84.11 (0.90) | -1.35 (0.14) | | | |

^{*} Indicates statistical significance at the 5% alpha level. Primary analysis based on ITT population.



Safety Results

Adverse Events by System Organ Class

| | Vilda 100 mg qd + Met 500 mg bid | Met up to 1000 mg bid |
|--|-------------------------------------|-----------------------|
| B. Carrier and Car | N=456 | N=458 |
| Primary system organ class | n (%) | n (%) |
| Any primary system organ class | 220 (48.2) | 237 (51.7) |
| Blood and lymphatic system disorders | 2 (0.4) | 2 (0.4) |
| Cardiac disorders | 11 (2.4) | 9 (2.0) |
| Congenital, familial and genetic disorders | 0 (0.0) | 1 (0.2) |
| Ear and labyrinth disorders | 5 (1.1) | 8 (1.7) |
| Endocrine disorders | 1 (0.2) | 0 (0.0) |
| Eye disorders | 18 (3.9) | 11 (2.4) |
| Gastrointestinal disorders | 70 (15.4) | 96 (21.0) |
| General disorders and administr. site conditions | 28 (6.1) | 25 (5.5) |
| Hepatobiliary disorders | 1 (0.2) | 1 (0.2) |
| Immune system disorders | 2 (0.4) | 3 (0.7) |
| Infections and infestations | 87 (19.1) | 94 (20.5) |
| Injury, poisoning and procedural complications | 19 (4.2) | 20 (4.4) |
| Investigations | 5 (1.1) | 5 (1.1) |
| Metabolism and nutrition disorders | 9 (2.0) | 10 (2.2) |
| Musculoskeletal and connective tissue disorders | 49 (10.7) | 55 (12.0) |
| Neoplasm benign, malignant and unspecified (incl cysts and polyps) | 3 (0.7) | 2 (0.4) |
| Nervous system disorders | 49 (10.7) | 54 (11.8) |
| Pregnancy, puerperium and perinatal conditions | 1 (0.2) | 0 (0.0) |
| Psychiatric disorders | 21 (4.6) | 21 (4.6) |
| Renal and urinary disorders | 9 (2.0) | 9 (2.0) |
| Reproductive system and breast disorders | 3 (0.7) | 3 (0.7) |
| Respiratory, thoracic and mediastinal disorders | 14 (3.1) | 18 (3.9) |
| Skin and subcutaneous tissue disorders | 18 (3.9) | 22 (4.8) |
| Social circumstances | 1 (0.2) | 0 (0.0) |
| Vascular disorders | 13 (2.9) | 16 (3.5) |

Primary system organ classes are presented alphabetically; preferred terms are sorted within primary system organ class alphabetically.

A patient with multiple occurrences of an AE under one treatment is counted only once in the AE category for that treatment. A patient with multiple adverse events within a primary system organ class is counted only once in the total row.



| | Vilda 100 mg qd + Met 500 mg bid | Met up to 1000 mg bid |
|-----------------------------------|-------------------------------------|-----------------------|
| Preferred term | N=456 n (%) | N=458 n (%) |
| Any Preferred term | 220 (48.2) | 237 (51.7) |
| Diarrhea | 21 (4.6) | 39 (8.5) |
| Headache | 18 (3.9) | 28 (6.1) |
| Nas opharyngitis | 15 (3.3) | 13 (2.8) |
| Back pain | 14 (3.1) | 18 (3.9) |
| Dizziness | 14 (3.1) | 16 (3.5) |
| Flatulence | 13 (2.9) | 8 (1.7) |
| Upper respiratory tract infection | 13 (2.9) | 10 (2.2) |
| Arthralgia | 11 (2.4) | 6 (1.3) |
| Hypertension | 11 (2.4) | 12 (2.6) |
| Nausea | 11 (2.4) | 22 (4.8) |

Serious Adverse Events and Deaths

| | Vilda 100 mg qd + Met 500 mg bid | Met up to 1000 mg bid |
|--|-------------------------------------|-----------------------|
| Preferred Term | N=456 n (%) | N=458 n (%) |
| Deaths | 0 | 0 |
| SAEs | 11 (2.4) | 13 (2.8) |
| Discontinuation of study drug due to AEs | 12 (2.6) | 14 (3.1) |
| AEs causing dose adjustment or study drug interruption | 20 (4.4) | 17 (3.7) |
| Clinically significant CCV AEs | 6 (1.3) | 5 (1.1) |
| Clinically significant IM AEs | 3 (0.7) | 1 (0.2) |
| Other clinically significant AEs | 25 (5.5) | 31 (6.8) |

These categories are not mutually exclusive.



Other Relevant Findings

Hypoglycemic events (Safety population)

| | Vilda 100 mg qd + Met 500 mg bid N=456 n (%) | Met up to 1000 mg bid N=458 n (%) |
|--|---|--|
| Number of patients with at least one hypoglycemic event | 1 (0.2) | 1 (0.2) |
| Number of patients with 1 hypoglycemic event | 1 (0.2) | 1 (0.2) |
| Number of patients who discontinued due to hypoglycemic events | 0 (0.0) | 0 (0.0) |
| Number of patients with grade 2 hypoglycemic events | 0 (0.0) | 0 (0.0) |
| Total number of hypoglycemic events | 1 (0.2) | 1 (0.2) |
| Plasma glucose value (mmol/L) >2.8-<3.1 | 1 (0.2) | 1 (0.2) |
| Grade | | |
| Grade 1 | 1 (0.2) | 1 (0.2) |
| Severity | | |
| Mild | 1 (0.2) | 1 (0.2) |
| Action taken | | |
| Non-drug therapy given | 1 (0.2) | 1 (0.2) |
| Relationship to drug | | |
| Suspected | 1 (0.2) | 1 (0.2) |
| Clinical symptom | | |
| Asthenia | 1 (0.2) | 1 (0.2) |
| Tremor | 1 (0.2) | 0 (0.0) |

Hypoglycemic events are defined as a) symptoms suggestive of hypoglycemia, where the patient is able to initiate self-treatment and plasma glucose measurement is < 3.1 mmol/L (grade 1), b) symptoms suggestive of hypoglycemia, where the patient is unable to initiate self-treatment and plasma glucose measurement is <3.1 mmol/L (grade 2), and c) symptoms suggestive of hypoglycemia, where the patient is unable to initiate self-treatment and no plasma glucose measurement is available (suspected grade 2). A patient may have had more than one type of event.

Date of Clinical Trial Report

19-Dec-2008

Date Inclusion on Novartis Clinical Trial Results Database

01-June-2009

Date of Latest Update

20-May-2009